

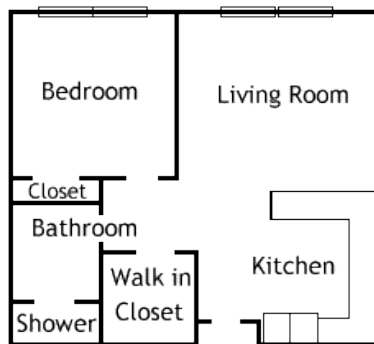
Apartment Information

The Chugiak-Eagle River Senior Center Assisted Living Program offers 20 elegant, well-designed, private and spacious apartments.

Each apartment includes a living room, kitchen, bathroom, bedroom and large walk-in closet.

- All apartments are handicapped accessible.
- The kitchens include a microwave, a refrigerator, ample cabinet space, and a double stainless steel sink.
- The living room area has a cathedral ceiling, large windows, ceiling fan, call light, and cable hook up.
- The bedroom area also has a cathedral ceiling, clothes closet and a call light.
- The bathroom is handicapped accessible with a walk-in shower that features a cedar fold down seat, safety bars, and a call light.

All rooms, with the exception of the kitchen and bathroom, are carpeted.
All apartments were recently renovated and comply with ADA standards.



ALP Support Services

With the support of 24/7 program staff and licensed professional nurses, residents are able to maintain an independent lifestyle. There are plenty of opportunities for activities, socialization and to make new friends.

Supportive services are designed to meet scheduled and unscheduled needs in a way that promotes maximum dignity and independence.

We provide a variety of health, social, and related support services in a protective setting for adults of all ages.

Our program is committed to maintaining and improving the quality of life for all residents.

Food Service

- Breakfast is served at 8:30am
- Lunch is served at 12:00pm
- Dinner is served at 5:00pm
- Snacks are available in the dining room.
- Special Food Service events, such as the Mother's and Father's Day Brunch, Ice Cream Socials and Barbeques, are scheduled frequently. Please check out the activity calendar for information.

Transportation

- Shopping
- Social Events
- Medical Appointments
- Banking
- Non-medical Appointments

Mission Statement

The Chugiak-Eagle River Senior Center Assisted Living Program is committed to the provision of services to the elderly, physically frail, or cognitively challenged due to injury or illness and those who are suffering from Alzheimer's disease and related disorders (ARD).

Assisted living places the highest importance on the quality of life of each resident and the importance of independence, human dignity, respect, individual choice and uniqueness.

Vision Statement

To provide excellence in service to seniors living in the Chugiak-Eagle River Senior Center Assisted Living Program which will enable them to maintain their independence and promote their safety, social, physical and emotional well-being.



Chugiak-Eagle River Senior Center is funded in part by individual donations and grants from the U.S. Dept of Housing and Urban Development, Alaska Housing Finance Corporation, State of Alaska Division of Seniors & Disabilities Services, The Municipality of Anchorage, The Alaska Mental Health Trust Authority, and the Rasmuson Foundation.



*Chugiak-Eagle River
Senior Center
Assisted Living Program*



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Chugiak-Eagle River Senior Center

Chugiak-Eagle River Senior Center is managed by Chugiak Senior Citizens, Inc. a 501(c)(3) non-profit organization founded in 1975 to serve the needs of seniors in the Eagle River to Eklutna area.

Chugiak-Eagle River Senior Center provides services to people 60 years of age and older who live in the greater Chugiak-Eagle River and Eklutna areas.

We provide services to seniors and disabled adults. Our services are all geared toward helping seniors maintain their independence and remain in their chosen community.



We offer a variety of programs, including 42 independent living apartments, 20 low income senior apartments, a healthy nutrition program serving both residents and the public, Meals-on-Wheels to homebound seniors, transportation to residents and seniors living in the Chugiak and Eagle River communities, a preventive health outreach nurse, a wellness and exercise department, an activities department, a volunteer program and a visiting professionals program which rotates specialists in numerous fields to provide on-site services.

Assisted Living

Chugiak-Eagle River Senior Center's Assisted Living Program (ALP) is a 20-unit complex providing 24 hour assistance to individuals in need of a supportive environment. ALP provides a special combination of housing, personalized assistance and health care.

This program was designed for seniors who desire residential living but also require support with some activities of daily living, such as medication reminders, bathing, dressing, dining, light housekeeping and laundry services. But we don't stop there. Our Assisted Living program goes beyond simply providing assistance; we also provide a place to call home.

With the support of 24/7 licensed staff and individualized service plans, residents are able to maximize their independence and participate in activities that can promote socialization, friendships and health.

Independence

Assistance when needed
Activities
Transportation

Friendships

Socialization
A sense of community

Health

Healthy snacks and meals
Medication prompting

ALP History

CERSC's Assisted Living Program first opened in 1994. ALP was developed by a team of individuals inspired by an opportunity to make a difference in the type of assisted living program offered in the Southcentral area. This will become clear once you have viewed our apartments. Features of note include a large bathroom, which includes a large walk-in shower, full size living room, bedroom, and kitchen area. Some of the services offered include basic cable TV, three meals daily, licensed professional nursing staff, and 24/7 Program Assistants.

This team's goal was to create a different kind of assisted living facility by providing a community environment that encouraged resident activities, autonomy, and choice. A second equally important goal was to offer these services at an affordable price.



Adult Day Services Program



We provide a variety of health, social, and related support services in a protective setting. ADS provides services to adults age eighteen and up who face the challenge of Alzheimer's, dementia, who are physically frail, developmentally challenged or who have experienced a brain trauma.

Our program is committed to maintaining and improving the quality of life of all participants through: Exercise program, Arts and crafts, Activities, Pet therapy, Music program, Health monitoring, Medication prompting, Reminiscence therapy, Supervision for safety, Transportation, Nursing services, Lunch and snacks, Socialization, Assistance with activities of daily living, and Supervision provided based on individual need.

We accept Medicaid Choice Waiver and private pay with a sliding scale for seniors based on financial need.

For additional information, contact us at 688-2691 or stop by Monday through Friday between 8:30am and 4:30pm.